

PACK IN CAMP MENU

DINNERS

1. Penne with Meat Sauce

Penne Pasta
Spaghetti Sauce
Hamburger (Brown & add to Sauce)
Mushrooms (Add to Sauce)
Garlic Bud (For Meat and Sauce)
Broccoli (Frozen)
Green Salad Mix
French Bread - Plain
Cookies &/or Fruit (Canned)

2. Chicken with Rice

Chicken Breast (Canned)
Rice
Canned Carrots & Peas
Soup Mix - Dried
Green Salad Mix
Cookies &/or Fruit (Canned)

3. Ham & Potatoes

Ham (Canned)
Dried Scalloped Potato Mix
Canned Corn
Coleslaw
Applesauce
Cookies

4. Pork Loin with Potatoes

Pork Loin (Frozen)
Instant Mashed Potatoes
Gravy (Dry Mix)
Peas (Canned)
Coleslaw
Chocolate Pudding (Dry Mix)

5. Beef Tips with Noodles

Beef Tips - Packaged
Noodles
Green Beans (Canned)
Pears (Canned)
Chocolate Pudding/Cookies

6. Steak & Potatoes

Steaks (8 Ounce Sirloin)
Mashed Potatoes
Green Beans (Canned)
Gravy (Dry Mix)
Cookies &/Fruit (Canned)

BREAKFASTS

1. Eggs, Potatoes, & Meat

Eggs - Egg Beaters
Hash Browns - Dehydrated
Kielbasa (add to eggs)
Fruit (canned)
Frozen Tang
Coffee, Hot Chocolate, & Tea

2. Pancakes & Sausage

Pancakes
Precooked Sausage Links
Fruit (canned)
Frozen Tang
Coffee, Hot Chocolate, & Tea

3. Eggs, Potatoes, & Meat

Eggs - Egg Beaters
Bacon
Hash Browns - Dehydrated
Fruit (canned)
Frozen Tang
Coffee, Hot Chocolate, & Tea

4. Pancakes & Bacon

Pancakes
Bacon
Fruit (canned)
Frozen Tang
Coffee, Hot Chocolate, & Tea

5. Beef Hash & Eggs

Eggs - Egg Beaters
Corned Beef Hash - Canned
Fruit (canned)
Frozen Tang
Coffee, Hot Chocolate, & Tea

LUNCH SUPPLIES

Bread
Peanut Butter
Strawberry Jam
Grape Jelly
3 Variety Meat
Monterey Jack Cheese
Kraft Cheese
Romaine Lettuce
Miracle Whip
Fruit Cups
Oreo Cookies
Fig Newton
White Wafer
Trail Mix Bars
Mini Candy Bars
Apples
Lemonade
Gatorade

MISCELLANEOUS

Mustard
Picante Sauce - Mild
Parmesan Cheese
Ranch Dressing
1000 Island Dressing
Coleslaw Dressing
Italian Dressing
Boxed Tea Bags
Coffee Mate
Canola Oil
Hot Chocolate
Tabasco Sauce
Catsup
Margarine
Syrup
Powdered Milk
Peanuts